

Concussion Course Information – Required to be taken by ALL Coaches!!

A concussion is a brain injury, caused by a blow, bump or jolt to the head that can have serious consequences. It can occur in any sport or recreational activity.

The State of Michigan was the 39th state to enact a law that regulates sports concussions and return to athletic activity. The law went into full effect on June 30th, 2013. The sports concussion legislation **REQUIRES** all coaches, employees, volunteers, and other adults involved with a youth athletic activity to complete a concussion awareness on-line training program.

<https://nfhslearn.com/courses/61129/concussion-in-sports>

The organizing entity must provide educational materials on the signs/symptoms and consequences of concussions to each youth athlete and their parents/guardians and obtain a signed statement acknowledging receipt of the information for the organizing entity to keep on record.

The law also requires immediate removal of an athlete from physical participation in an athletic activity who is suspected of sustaining a concussion. The student athlete must then receive written clearance from an appropriate health professional before he or she can return to physical activity.

After Course Completion

It is a Holland Township Recreation requirement that once this course is completed online & a printed or scanned copy of your course certificate is turned into a Holland Township Recreation Staff Member.

You may turn in this certificate at the Holland Township Recreation Office (353 North 120th Avenue * Holland, MI 49424), Monday-Friday 8am to 5pm or you may send it in via email to johnk@hct.holland.mi.us OR amandak@hct.holland.mi.us.

If you have any comments or questions, please contact Holland Township Recreation at 616.395.0178.